

## Applied Suicide Intervention Skills Training (ASIST) Training

Crisis intervention training programs, like ASIST, equip people to respond knowledgeably and competently to persons at risk of suicide. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. Intervention training is a skills-based program, not therapy. ASIST explores options for safely linking people with resources for ongoing help.

At Fort Leavenworth, we offer ASIST to Soldiers and Civilians free of charge.

Workshops are held the last Thursday and Friday of the month at Pioneer Chapel Activity Room on the corner of Pope and Thomas Avenue. Here are the ASIST dates for FY 13.

25-26 OCT 2012

29-30 NOV 2012

24-25 JAN 2013

25-26 APR 2013

30-31 MAY 2013

25-26 JUL 2013

If you have any questions, or would like to attend ASIST, please contact the Fort Leavenworth Suicide Prevention Program Manager at (913) 684-2875.

For more information on the ASIST program go to [www.livingworks.net](http://www.livingworks.net)