



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT LEAVENWORTH
290 GRANT AVENUE UNIT 1
FORT LEAVENWORTH, KANSAS 66027-1292

IMLV-ZA

10 May 2016

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Garrison Command Policy Letter #12, Uniform and Clothing Requirements inside Physical Fitness Facilities

1. REFERENCES.

- a. AR 385-10, The Army Safety Program, 27 Nov 13
- b. AR 670-1, Wear and Appearance of Army Uniforms and Insignia, 10 Apr 15
- c. Army Directive 2016-20 Authorization to Use Headphones in Uniform
- d. Harney Sports Complex Standard Operating Procedures
- e. Gruber Fitness Center Standard Operating Procedures

2. PURPOSE. To identify uniform and clothing requirements when utilizing the Indoor Physical Fitness Facilities on Fort Leavenworth.

3. GENERAL.

a. Individual Physical Fitness Training when inside of an indoor Fitness Center or Gymnasium.

(1) Service members in uniform are authorized to wear headsets, headphones, armbands, IPODS, MP3 players, and cell phones, including wireless or non-wireless devices and earpieces, in uniform only while performing individual physical training, IAW Army Directive 2016-20. Headphones will be conservative and discreet. Ear pads will not exceed 1-1/2 inches in diameter at the widest point. Soldiers may not wear headphones/electronic devices beyond the permitted area in any manner, including around the neck or attached to the uniform. Personnel may use electronic devices while in Civilian clothes.

(2) Service members conducting training while wearing the Army Combat Uniform (ACU), or their service specific uniform, inside of an indoor fitness facility are authorized to remove their ACU top. Personnel will ensure that the t-shirt remains tucked into their ACU pants, t-shirt sleeves will not be folded or rolled up, and the belt

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will be kept on. Headgear will not be worn indoors, this includes the micro-fleece hat. Boots are not authorized on the cardio equipment, i.e. treadmill, elliptical, stationary bike, etc.

Personnel using the cardio equipment while in the ACU are additionally authorized to wear shoes, but must change back into their boots when finished with the cardio equipment.

(3) Service members not conducting training when in the indoor fitness facilities will remain in the prescribed duty uniform.

(4) Personnel conducting training in the indoor fitness facilities while wearing Civilian attire are prohibited from wearing clothing that exposes the mid-riff and will be appropriately clothed for the activity in which they are participating. Clothing must provide appropriate coverage during the full range of motion. Clothing may not have profanity, sexist, racist, vulgar or suggestive language or symbols. Training without a shirt on is unauthorized. Undergarments will be worn in addition to shirts, shorts, pants, etc. Clothing will not be see-through when wet.

(5) All personnel utilizing the sauna at Gruber gym will wear shirts, shorts, and shower shoes, and must sit on a towel. Male personnel using the sauna at Harney gym may remove their shirt.

(6) Bathing suits will only be worn inside the enclosed pool area.

4. PROPONENCY. The proponent for this policy is the Fort Leavenworth Garrison Command Sergeant Major, (913) 684-2993.

//Original Signed//
THOMAS A. SHOFFNER
COL, AR
Garrison Commander